

 CONFIDANCE

radical motion

disability dance fesitval



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CONFIDANCE

Radical Motion is a new, disability dance festival for Folkestone, hosted by Confidance.



**Thursday 2nd July - Saturday
4th July**



Quarterhouse, Folkestone

Over three days, you can get stuck into **workshops, performances** and a banging **closing party** - all designed for and with people with learning disabilities and/or neurodivergence.



Confidance are an inclusive dance organisation based in East Kent.

We work in schools, community and offer professional training for people with learning disabilities and neurodivergence.

The venue

The festival will take place at The Quaterhouse in Folkestone. Here is some information about the venue.



The Quaterhouse is a theatre in the creative Quater of Folkestone, 49 Tontine St, Folkestone CT20 1JT



Some parking is available at the venue, but it is limited. There are additional car parks: Tram Road (2 mins), Payers Park (2 mins) and the Harbour car park (5 mins).



There are a lot of local taxis available. The closest is JJ Taxis on Tontine Street (01303 244442)

It is a 15-20 minute walk from Folkestone Central Train Station. Buses run regularly in the area. The closest stop is The Old High Street.



There is an accessible toilet but there is not a hoist facility available.

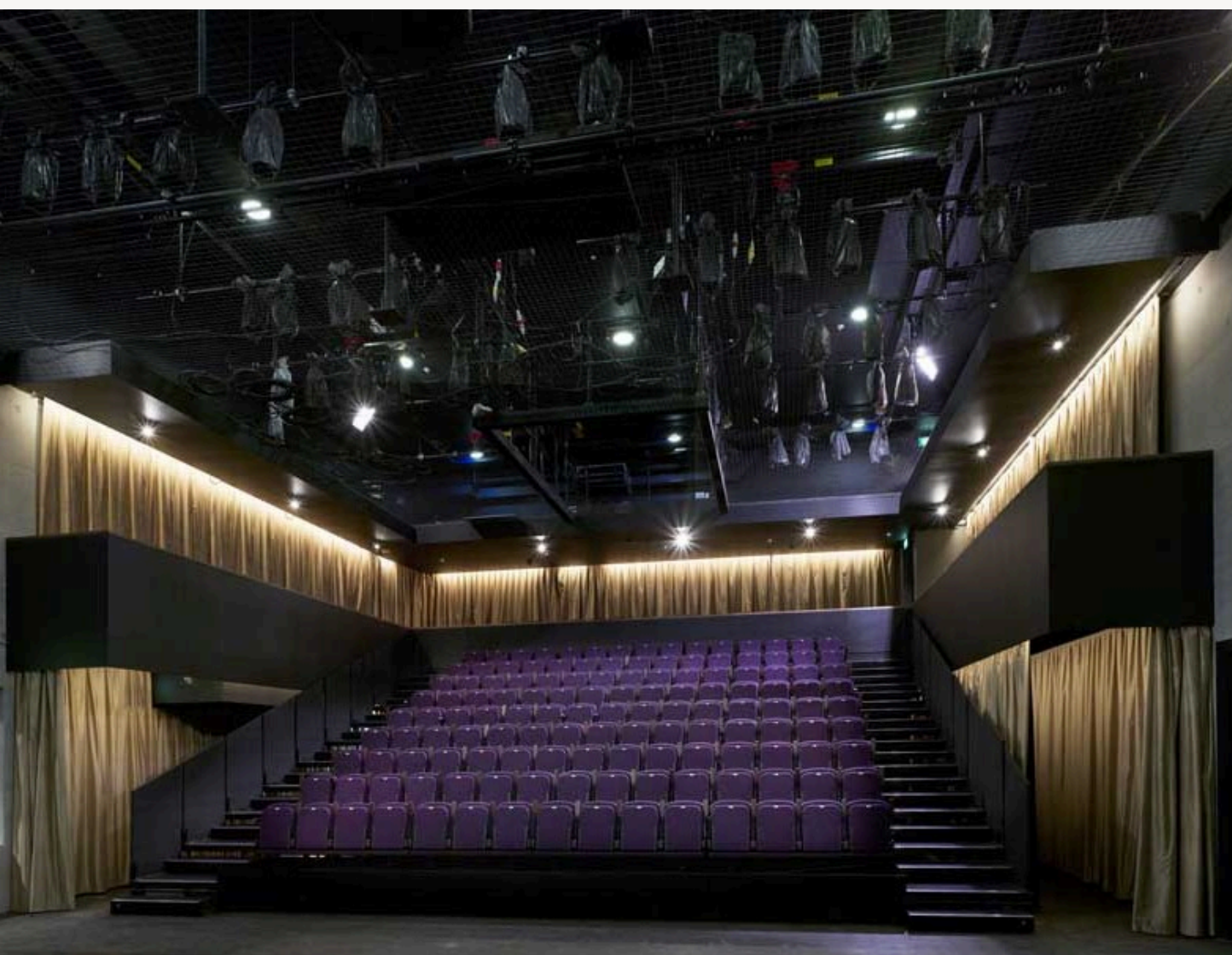
The Foyer



When you come in you will see the foyer.

There is a wheelchair accessible ramp and a lift upstairs to the clearing.

The Theatre



This is where the dance performances and workshops will take place.

There are entrances on the ground floor and from The Clearing upstairs.

The Clearing



This room is upstairs. There is a bar and space to move.

Some of our workshops and our closing party will take place here.

Festival Schedule

Our events are designed for people **with and without learning disabilities and/or neurodivergence.**

All Radical Motion events are opportunities for **community creativity and connection.**

To learn more about each event, look through the rest of this pack. We have an overview of each event, and full access information can be found when you click “book tickets”.

Thursday 2nd July

10.30 - 11.30am: Make your Move - Open Dance Workshop

Dance workshop for people with and without learning disabilities, led by Confidance.

Friday 3rd July

10.30 - 11.30am: Give Me Space - ConfiCo Workshop

Dance workshop to learn more about ConfiCo's new show, led by Confidance.

1pm - 2.30pm: Double bill matinee - ConfiCo & Mind the Gap

Performance event, featuring Mind the Gap and ConfiCo's new work - Give Me Space.

Saturday 4th July

10.15 - 11.15am : Everybody Moves - family dance workshop

A Confidance workshop for the families with & without learning disabilities to dance together.

11.30am - 12.30pm: Mind the Gap dance workshop

An inclusive movement workshop, where you can learn more about Mind the Gap's show.

Saturday 4th July

1.30 - 2.30pm: Learning disabled leadership in dance

A talk & dance workshop led by Hannah Sampson and Stopgap.

3.30 - 5pm: I'm Me: Accessible research workshop

Learn more about accessible research approaches from the I'm Me project.

7pm - 8pm: Double bill performance - ConfiCo and Mind the Gap

Mind the Gap present 'The Shopping Bag Theory', a brand-new dance-theatre duet.

ConfiCo present 'Give Me Space' - a bold new dance piece, inspired by lived experience of disability.

8-10pm: Closing Party!

Come and join the party, with top-class DJs with learning disabilities and / or neurodivergence.

Access overview



An **accessible programme** will be available to explain the performance.



You are welcome to **take breaks** whenever you need.



You can **stim, move or make noise** during the show.



The performances and closing party include **loud and energetic music**. Feel free to bring **ear defenders** if helpful.



There will be **no strobe lighting or full blackouts**. Sunglasses are welcome if that helps you feel comfortable.

Unfortunately these events **do not currently include BSL, live captioning or audio description**. This is something we want to develop for future performances.



workshop

Make Your Move - Open Dance Workshop



Time: 10:30 - 11:30am



Day: Thursday 2nd July

Where: The theatre

BOOK NOW



A FREE dance workshop for all bodies and abilities. It is an opportunity to move your body and get creative with people who love to dance, led by warm highly-trained facilitators.

You can stim, move or make noise. Or take breaks where you need. The workshop will include music feel free to use ear defenders if you like. There will be no strobe or full black out. The venue is wheelchair accessible.



workshop

Give Me Space - ConfiCo workshop



Time: 10:30 - 11:30am

Day: Friday 3rd July



Where: The theatre

BOOK NOW



In this FREE workshop, ConfiCo will share creative tasks and exercises that were part of the devising process for their new show – Give Me Space.

During the workshop, you will learn more about the themes and ideas in the show. This is an opportunity to understand more about how ConfiCo's contemporary dance performances are made.



Performance

Double Bill Matinee: ConfiCo & Mind the Gap



Time: 1pm - 2.30pm

Day: Friday 3rd July



Where: The theatre

[BOOK NOW](#)



Mind the Gap will present 'The Shopping Basket Theory'. This is a 15 minute dance.

ConfiCo will present 'Give Me Space'. This is a 30 minute dance performance.

There will be an interval between the shows.



Everybody Moves: Family Dance Workshop



Time: 10:15- 11:15am

Day: Saturday 4th July



Where: The Theatre

BOOK NOW



A creative dance session for families.

You will have the chance to learn new moves, share your own, and connect with others in a fun and supportive environment. It is perfect for the whole family – mums, dads, grandparents, siblings, friends and carers.



workshop

Mind the Gap dance workshop



Time: 11:30am - 12:30pm

Day: Saturday 4th July



Where: The Theatre

[BOOK NOW](#)



An inclusive dance workshop by Mind The Gap theatre. They will introduce you to their movement style and creativity with a focus on individual expression and storytelling.

Suitable for those aged 16+ but no movement experience necessary.



workshop

Learning disabled leadership in dance



Time: 1.30pm - 2.30pm

Day: Saturday 4th July



Where: The Theatre

BOOK NOW



This event will begin with a 10-15 minute speech by Stopgap's Senior Dance Artist Hannah Sampson, followed by a dance workshop. This event is suitable for everyone with an interest in learning disabled leadership, dance and advocacy.



workshop

I'm Me: Accessible research workshop



Time: 3.30pm - 5.00pm

Day: Saturday 4th July



Where: The Clearing

[BOOK NOW](#)



Through a series of creative activities and open discussions, you will be guided through the I'm Me project - experiencing first-hand how the research was shaped, and its impact for artists and audiences.

Suitable for everyone interested in arts research and inclusion.



Performance

Double Bill : ConfiCo & Mind the Gap



Time: 7pm - 8pm

Day: Saturday 4th July



Where: The theatre

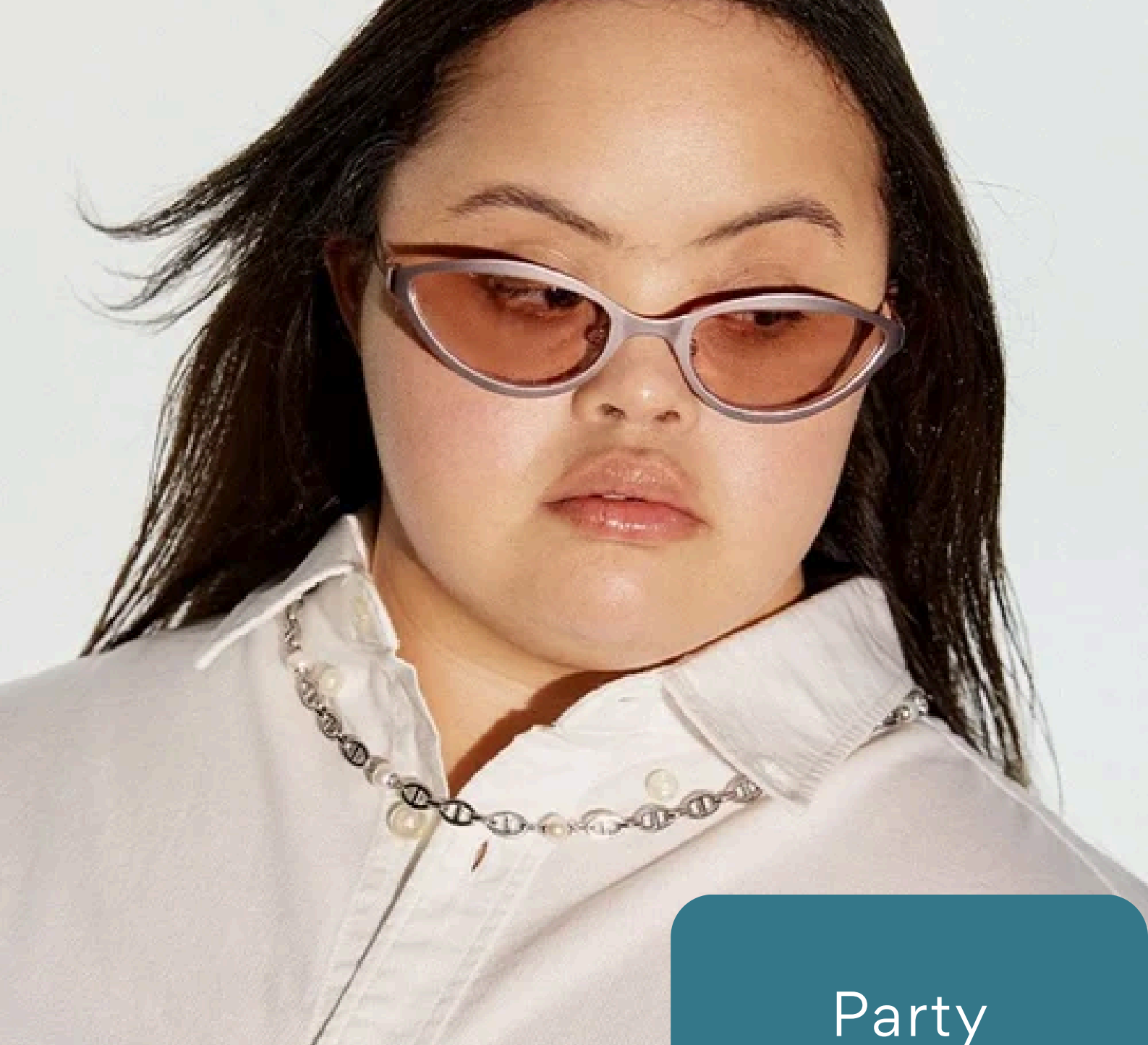
[BOOK NOW](#)



Mind the Gap will present 'The Shopping Basket Theory'. This is a 15 minute dance.

ConfiCo will present 'Give Me Space'. This is a 30 minute dance performance.

There will be an interval between the shows.



Party

Closing Party!



Time: 8pm - 10pm

Day: Saturday 4th July



Where: The Clearing

[BOOK NOW](#)



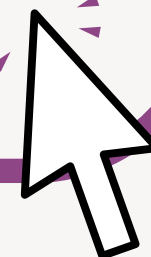
Our festival ends with a closing party in The Clearing, in collaboration with Bubble Club. We will be joined by two DJs with learning disabilities: DJ4Blue and DJ Lolz.

You can expect banging music and a creative vibe.

Get your tickets:

To book your tickets for the show, Give Me Space, click here:

book tickets



To see our full tour dates and locations, click here:

tour info



For ticket booking queries and support, please contact the Quarterhouse, Folkestone.

To get in touch with Confidance, you can reach us:



By phone: 07948645145



By email: confidanceinclusive@gmail.com



Through our website: www.confidance.org.uk